



# Ring the Springs 2024 Entry Form

Official Use Only  
Race-Day Bib

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☐ CASH

☐ CREDIT

First Name

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Last Name

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Address

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City

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State

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Zip

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Email Address

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Phone

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Age on Race Day

Date of Birth

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Male

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Female

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M	M	D	D	Y	Y	Y	Y
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## Entry Fees (Please Circle)

	Fees by Postmark Date	Until 1/31	Until 3/15	Until 5/12	Race Week
<input type="checkbox"/>	100 MILE	\$325	\$350	\$375	\$400
<input type="checkbox"/>	100 KM	\$225	\$245	\$265	\$295
<input type="checkbox"/>	50 KM	\$140	\$155	\$170	\$190
<input type="checkbox"/>	25 KM	\$95	\$110	\$125	\$145

Shirt Cut:

Male

Female

Youth

XSm

Sm

Med

Lg

XL

2XL

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Race goody guaranteed on race day if registered by 5/31 otherwise will be given on race day if available.

Please include your entry fee and mail to:  
(checks payable to ARAVAIPA RUNNING)

**Aravaipa Running**  
**2401 S. 24th Street**  
**Phoenix, AZ 85034**

## Event Waiver & Release

This waiver covers Ring The Springs being held on June 22-23, 2024. I understand that running on trails is strenuous exercise and has some danger. I give statement that I am in good health and there is no medical reason that I should not attempt such a feat. I know that running on trails poses many hazards, not limited to falls, bad weather, rockslides, getting lost, wild animal attack and generally dangerous conditions. I am entering this event with full knowledge that I could easily be hurt or face life threatening injuries. I fully assume all risks of injury, illness or death, and release covenant not to sue, and discharge Pike National Forest, State of Colorado, City of Colorado Springs, Aravaipa Running LLC, Aravaipa Colorado, the race director, volunteers, all sponsors, and any individuals or groups associated with this event, all actions, claims or demands for damages arising out of my participation in this event. The forgoing release is binding upon me personally, as well upon my heirs, executors, and administrators, and all members of my family, or anyone else who may make claim on my behalf. Entry fees are non-refundable and non-transferrable. I further grant my irrevocable permission to Aravaipa Running LLC, and its authorized agents, to use my name and any photographs, videos, motion pictures, recordings, or any other record of my participation in this event. No REFUNDS or TRANSFERS once entry is accepted.

Signature

Signature of Parent/Guardian if under 18 Years

Date