



WELCOME RUNNERS!

Welcome to the annual Silverton Alpine Marathons organized by Aravaipa Running! We are so excited to host an amazing weekend of running for you in the beautiful San Juan Mountains. These endurance foot races will take place along the Silverton Alpine Loop starting from our favorite mountain town of Silverton, Colorado.

As you prepare for your mountain adventure, please take time to look through this guide to learn more about the event and local fare to better prepare yourself for race weekend.

Feel free to email us with questions you are unable to answer from these resources: info@aravaiparunning.com

50KM | Marathon | 8 Mile

July 8, 2023 Silverton Memorial Park

Greene St, Silverton, CO 81433



Friday July 7, 2023 BIB PICKUP

Silverton Memorial Park 12:00-6:00pm

Saturday, July 8, 2023 RACE DAY | Silverton Memorial Park

5:30am - 8:00am - Bib pickup

5:56 am - Sunrise

6:30 am - 50K Start

7:00 am - Marathon Start

8:00 am - 8 Mile Start

5:30 pm - Overall Cut-off/Race Ends



THE BASICS

- Littering is Strictly Prohibited (this includes organic waste, i.e. banana peels, orange peels, toilet paper). This is grounds for disqualification.
- NO pets are allowed on course with runners.
- Runners must complete the course as marked. Deviating from or cutting the course results in disqualification.
- NO outside aid may be provided to runners along the course including muling by pacers. There are no crews permitted along the course. Outside aid is grounds for disqualification.
- Cutoffs will be enforced based on gun time. All results posted will also be based on gun time.
- Trekking poles are allowed for all races.
- Headphones are allowed on course.
 However, if you choose to use
 headphones please be respectful of
 runners behind you attempting to
 pass. Remove earbuds as you
 approach aid stations. Do not listen
 to music without headphones.
- Please be respectful of all volunteers, race staff, public trail users, and land agency personnel.



TRAIL RUNNING & TRASH

Please respect the trails and the beauty of the mountains by disposing of any trash at one of our aid stations. Please remember this is a CUPLESS race, so please come with your own water bottle or reusable cup to fill at aid stations.

LNT: LEAVE NO TRACE

This race is permitted by multiple land agencies. Please allow this event to continue for many more years by carrying your trash to the next aid station. Leave no trace.

CUPLESS RACE

We are so lucky to make the outdoors our passion and we want to continue to keep the beautiful trails we enjoy beautiful and free from trash. In our continued effort to reduce our races footprint and preserve the trails we love, this event is a cupless event.

What does that mean? Runners will be responsible for carrying their own container to refill along the way. UltrAspire reusable cups may be purchased with registration or on race day OR we encourage you to bring your own! Grab a cup, a hydration vest, pouch, or water bottle and we will fill it at each aid station along the way. We ask you to help us in our efforts by preparing for a cup-free race day and thank you in advance for being good stewards of the trails!





START & FINISH LOCATION

The start line and finish line for all races will be at Silverton Memorial Park. All parking will be on the street or in designated slots on Main Street. There are only a small number of parking spots directly surrounding Memorial Park. If Main Street begins to fill, check Reese, Empire, and Mineral Streets. Please carpool if possible, walk if you are staying in town, and be cognizant of posted signs or blocked driveways. Give yourself plenty of extra time on race morning.

RACE TIMING

We will be utilizing a chip timing system at this event to record your time at the finish. You will be provided with a timing chip attached to the back side of your race bib. It is important to not crease, or fold the timing chip to ensure your finish time is read. If you drop from the race you must notify race management.

CUTOFFS

The course must be completed within 10 hours for the marathon and 11 hours for the 50 kilometer, to receive an official finish. All official finishers will receive an award. Any runner finishing after the cutoff will be given an "unofficial" finish time but will not be eligible for an award.

You must check out of the California Pass aid station by 2:30pm

You must check out of the Gladstone aid station by 4:00pm.

AID STATIONS

Aid stations approximately every 4 miles will provide water, electrolyte drink, sweet snacks, salty snacks, and fruit. Please plan to run with at least one bottle of water. Please note, the aid station at Niagra Gulch is water only. Please remember that this is a CUPLESS race. Help us stay green by carrying your own refillable cup or water bottle

RESTROOMS

We will have portable restrooms onsite at Memorial Park.

COURSE MARKINGS

The course will be well marked with orange plastic ribbons with black polka dots and trail junctions and turns will be marked with laminated signs each mile.

In addition, blue and white checkerboard plastic flagging will be hung to designate non-race or "WRONG WAY" trails.

All runners are responsible for understanding the layout of the course.

Due to this year's heavy snowfall we are still finalizing the race route. Runner safety is of the utmost importance, and we will keep all runners apprised of any last minute course changes. Please familiarize yourself with the course maps on our website prior to race day and/or print a map to bring along with you. We will do our best to stay as true to this original course as is safely possible.

Our courses can now be accessed on <u>CalTopo.</u> Find detailed GPS/GPX information on our website.

DROP BAGS

A drop bag may be placed at the start/finish line only. 50K runners will access the start/finish after the first 4.9 miles.

CREWS

There will be NO CREW AND SPECTATOR ACCESS at aid stations. Spectators and crew can aid their runner at the start/finish at Memorial Park.



WEATHER

Keep an eye out on the weather forecast. It is usually colder in the mornings so warm ups at the start are encouraged. Please be prepared for the unexpected by packing an extra layer or rain gear as afternoon rainstorms are common at this elevation. The course is exposed in areas so sunscreen, hat, extra water are also encouraged.

MOUNTAIN RUNNING

This is a mountain run. At times the road/trail may be challenging. Navigate the course with caution. If you need to bring poles to feel confident on course, please do so. The heavy snowfall in the San Juans this winter has made for rougher road conditions than usual and some sections of the Alpine Loop may only be passible on foot. Please keep this in mind as dropping from the race is not possible outside our aid stations.

OHV/JEEP TRAFFIC

Runners please be aware that the Silverton Alpine Loop is open to recreational vehicles in the summer season and during race day. Depending on the condition of the trail/county road the traffic can create dusty conditions for runners. We recommend runners travel with a head or neck bandana and sunglasses to shield against any dust that may occur.





