

# KENDALL MOUNTAIN RUNNER GUIDE

## Race Day Schedule

Please arrive early to park, check in and warm up prior to your run.

**7:00 AM** – Packet pickup / race day registration begins

Race Morning Registration will be held at the Coffee Bear, 1309 Greene St, Silverton, CO

(this is about one block away from the start area on Greene Street)

**8:00 AM** – 12 Mile & 11 Kilometer Start at the intersection of 12<sup>th</sup> St. and Greene St.

**10:00 AM** – Post-race barbeque at Memorial Park /Finish area

**1:00 PM** – Barbeque ends\*

\*Please note, there is no cut-off for this race, but the barbeque will be shutting down around 1pm.

**MOUNTAIN RUNNING** This is a mountain run. At times the road/trail may be challenging. Navigate the course with caution. If you need to bring poles to feel confident in your approach to the summit, please do so.

**Trail Running & Trash** Please respect the trails and the beauty of the mountains by disposing of any trash at one of our aid stations. Please remember this is a CUPLESS race, so please come with your own water bottle or reusable cup to fill at aid stations.

**Race Timing** We will be utilizing a chip timing system at this event to record your time at the finish. You will be provided with a timing chip attached to the back side of your race bib. It is important to not crease, or fold the timing chip to ensure your finish time is read.

**Crews/Pacers** Crews are allowed at the start/finish only. Pacers are not allowed for any distance.

**Pets** For the safety of all runners, no pets are allowed on-course at the race. Any pets at the race must be on a leash at all times, respect park rules, and be supervised.

**Course Markings** The race courses will be well marked with orange plastic ribbons with black polka dots, and orange reflective pin flags. Trail junctions and turns will also be well marked with laminated signs. In addition, blue & white checkerboard plastic flagging will be hung to designate non-race or “WRONG WAY” trails. All runners are responsible for understanding the layout of the course. Due to this year’s heavy snowfall we are still finalizing the race route. Runner safety is of the utmost importance, and we will keep all runners apprised of any last minute course changes. Please familiarize yourself with the course maps on our website prior to race day and/or print a map to bring along with you. We will do our best to stay as true to this original course as is safely possible.

**Parking / Start Area** There will be parking in Silverton for everyone to park within a couple minute walk to the starting line. The finish area is at Memorial Park, at the end of Greene Street, approximately 5 blocks from the Start area.

If you have any questions please feel free to contact the Race Director:

scout Phillips [scout@aravaiparunning.com](mailto:scout@aravaiparunning.com) Please forgive delayed responses as the San Juan's are beautiful but don't always provide consistent cellphone service/email access.