

### About the Desert Runner Trail Series

The DRT Series consists of 7 trail runs held in Maricopa County Regional Parks from October through March. Earn points in either the 30 km (trail division) or 50 km/mile (ultra division) at Mesquite Canyon.

### Registration

Available with the attached mail in entry form or online at [Ultrasignup.com](http://Ultrasignup.com)



### Park Entry Fees

*\*All vehicles entering White Tank Mountain Park will be required to pay a \$6 park entry fee in addition to the race entry. Carpool to save!*

### Race Perks

- Scenic and challenging course on desert trails
- Chip timed race results
- Technical fabric, gender specific race shirt
- Well stocked aid stations every 3-9 miles
- Post race food & socializing
- Earn points in the Desert Runner Trail Series

### Aravaipa Running DRT Series 2012-13 Schedule

#### October 20 - Cave Creek Thriller Trail Run

10KM, 30KM, 50KM @ Cave Creek Regional Park

#### November 10 - Pass Mountain Trail Run

12KM, 26KM, 50KM @ Usery Mountain Park

#### December 8 - McDowell Mountain Frenzy

5M, 10M, 25KM, 50KM, 50M @ McDowell Mtn Park

#### January 19 - Coldwater Rumble

4M, 19KM, 31KM, 50KM, 50M @ Estrella Mtn Park

#### February 2 - San Tan Scramble

9KM, 27KM, 50KM @ San Tan Mountain Park

#### February 23 - Elephant Mountain

8KM, 24KM, 50KM @ Spur Cross Ranch

#### March 23 - Mesquite Canyon (Championship)

8KM, 13.1M, 30KM, 50KM, 50M @ White Tank Mtn Park

For full trail & ultra running race schedule, please visit:

**ARAVAIPARUNNING.COM**

# Mesquite Canyon TRAIL RUNS



## 8 KM, HALF MARATHON, 30 KM, 50 KM & 50 MILE

# March 23, 2013

White Tank Mountain  
Regional Park  
WADDELL, AZ



## Mesquite Canyon Trail Runs

White Tank Mountain Regional Park  
Waddell, Arizona

March 23, 2013

### Race Day Schedule:

- 6:00am - Packet/Bib pickup begins
- 7:00am - 50 Mile Start
- 7:30am - 50 Kilometer Start
- 8:00am - 30 Kilometer Start
- 8:15am - Half-Marathon (13.1 Mile) Start
- 8:30am - 8 Kilometer Start
- 9:00pm - 50 Mile Cutoff

### Courses

All runs take place on single track trails within White Tank Mountain Regional Park. Expect typical desert trail conditions including rocks, sand, cactus and gravel. 50 km & 50 mile runners will travel through a two mile section of wash in Ford Canyon featuring several downhill granite rock scrambles, sand and boulders. Course maps available at [AZTRAILRUN.COM](http://AZTRAILRUN.COM)

### Aid Stations

Aid stations every 3-9 miles along the course, including water, electrolyte drink, sweet snacks and salty snacks.

*Please plan to run with at least one bottle of water (two or three bottles for 30 km, 50 km & 50 mile runners)!*

### Race Goodies & Awards

All runners will receive a technical fiber race shirt (gender specific), finisher glass, and are invited to socialize after the run over soup, bagels, and fruit. Awards to the top male & female finishers at each distance.

### Packet Pickup

Thursday, March 21, 4-7pm  
@ iRun Phoenix  
4730 E. Indian School Rd. #125  
Phoenix, AZ 85018  
(602) 368-5330

Join the iRun Group Run at 5:30pm!

### Race Director Contact:

Jamil Coury  
(602)361-7440  
[Jamil@aravaiparunning.com](mailto:Jamil@aravaiparunning.com)

Nick Coury  
(602)828-6629  
[Nick@aravaiparunning.com](mailto:Nick@aravaiparunning.com)

**AZTRAILRUN.COM**





**About White Tank Mountain Regional Park**

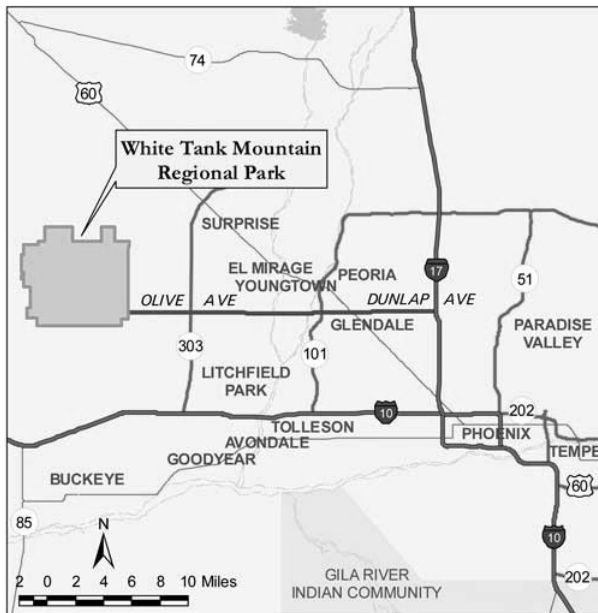
Nearly 30,000 acres makes this the largest regional park in Maricopa County. Most of the park is made up of the rugged and beautiful White Tank Mountains on the Valleys west side. The range, deeply serrated with ridges and canyons, rises sharply from its base to peak at over 4,000 feet. Infrequent heavy rains cause flash floodwaters to plunge through the canyons and pour onto the plain. These torrential flows, pouring down chutes and dropping off ledges, have scoured out a series of depressions, or tanks, in the white granite rock below, thus giving the mountains their name.

**Directions**

From central Phoenix, take I -10 west 18 miles to Hwy 303. North on Hwy 303 to Olive. West 4 miles on Olive to the White Tank Mountain Regional Park entrance.

**Park Address**

20304 W. White Tank Mountain Road  
Waddell, AZ 85355



# 2013 Mesquite Canyon Entry Form

**First Name**

**Last Name**

**Address** \_\_\_\_\_

**City** \_\_\_\_\_ **State** \_\_\_\_\_ **Zip** \_\_\_\_\_

**Email Address** \_\_\_\_\_

**Phone** \_\_\_\_\_

**Male**       **Female**      **Age on Race Day**       **Date of Birth**

<b>Entry Fees (Please Circle)</b>					
	<b>Fees by Postmark Date</b>	<b>Until 1/25</b>	<b>Until 2/22</b>	<b>Until 3/19</b>	<b>Race Day</b>
<input type="checkbox"/>	<b>8 Kilometer</b>	<b>\$35</b>	<b>\$40</b>	<b>\$45</b>	<b>\$55</b>
<input type="checkbox"/>	<b>Half Marathon</b>	<b>\$40</b>	<b>\$45</b>	<b>\$50</b>	<b>\$60</b>
<input type="checkbox"/>	<b>30 Kilometer</b>	<b>\$45</b>	<b>\$50</b>	<b>\$55</b>	<b>\$65</b>
<input type="checkbox"/>	<b>50 Kilometer</b>	<b>\$60</b>	<b>\$65</b>	<b>\$70</b>	<b>\$80</b>
<input type="checkbox"/>	<b>50 Mile</b>	<b>\$80</b>	<b>\$85</b>	<b>\$90</b>	<b>\$100</b>

Shirts guaranteed on race day if registered by 2/22, otherwise will be mailed out within 1 month after the race.  
\*Race entry fee does not include \$6/vehicle Maricopa County Regional Park entry fee due at gate on race day

**Shirt Cut**      **Shirt Size**      **No Shirt**

**Male**   **Female**      **XSm**   **Sm**   **Med**   **Lg**   **XL**   **2XL**       **Subtract \$10 From Entry Fee**

Please include your entry fee and mail to:  
(checks payable to ARAVAIPA RUNNING)

**Aravaipa Running**  
**5631 W. Shaw Butte Dr.**  
**Glendale, AZ 85304**

**Event Waiver & Release**

This waiver covers the Mesquite Canyon Trail Runs held March 23, 2013. I understand that running on trails is strenuous exercise and has some danger. I give statement that I am in good health and there is no medical reason that I should not attempt such a feat. I know that running on trails poses many hazards, not limited to falls, bad weather, rockslides, getting lost, wild animal attack and generally dangerous conditions. I am entering this event with full knowledge that I could easily be hurt or face life threatening injuries. I fully assume all risks of injury, illness or death, and release covenant not to sue, and discharge White Tank Mountain Regional Park, Maricopa County, Aravaipa Running LLC, USA Track & Field, the race director, volunteers, all sponsors, and any individuals or groups associated with this event, all actions, claims or demands for damages arising out of my participation in this event. The forgoing release is binding upon me personally, as well upon my heirs, executors, and administrators, and all members of my family, or anyone else who may make claim on my behalf. Entry fees are non-refundable and non-transferrable. I further grant my irrevocable permission to Aravaipa Running LLC, and its authorized agents, to use my name and any photographs, videos, motion pictures, recordings, or any other record of my participation in this event. No REFUNDS or TRANSFERS once entry is accepted.

Signature \_\_\_\_\_

Signature of Parent/Guardian if under 18 \_\_\_\_\_

Date \_\_\_\_\_