#### **About the Desert Runner Trail Series**

The DRT Series consists of 7 trail runs held in Maricopa County Regional Parks from October through March. Earn points in either the 35 km (trail division) or 50 km (ultra division) at Elephant Mountain.

#### Registration

Available with the attached mail in entry form or online at Ultrasignup.com

#### Park Entry Fees

\*All vehicles entering Spur Cross Ranch will be required to pay a \$6 park entry fee in addition to the race entry. Carpool to save!

#### **Race Perks**

- Scenic and challenging course on desert trails
- Chip timed race results
- Technical fabric, gender specific race shirt
- Well stocked aid stations every 2.3-5.1 miles
- Post race food & socializing
- Earn points in the Desert Runner Trail Series

# Aravaipa Running DRT Series 2012-13 Schedule

October 20 - Cave Creek Thriller Trail Run 10KM, 30KM, 50KM @ Cave Creek Regional Park

November 10 - Pass Mountain Trail Run 12KM, 26KM, 50KM @ Usery Mountain Park

December 8 - McDowell Mountain Frenzy 5M, 10M, 25KM, 50KM, 50M @ McDowell Mtn Park

January 19 - Coldwater Rumble 4M, 19KM, 31KM, 50KM, 50M @ Estrella Mtn Park

February 2 - San Tan Scramble 9KM, 27KM, 50KM @ San Tan Mountain Park

February 23 - Elephant Mountain 12KM, 35KM, 50KM @ Spur Cross Ranch

March 23 - Mesquite Canyon (Championship) 8KM, 13.1M, 30KM, 50KM, 50M @ White Tank Mtn Park

For full trail & ultra running race schedule, please visit:

## ARAVAIPARUNNING.COM

# Elephant Mountain TRAIL RUNS



12 км, 35 км, & 50 км

**February 23, 2013** 

Cave Creek Regional Park

CAVE CREEK, AZ



## Elephant Mountain Trail Runs

### Cave Creek Regional park Cave Creek, Arizona

February 23, 2013

#### **Race Day Schedule:**

6:00am - Packet/Bib pickup begins

7:00am - 50 Kilometer Start

8:00am - 35 Kilometer Start

8:30am - 12 Kilometer Start

4:00pm - 50 Kilometer Cutoff

#### Courses

All runs take place on single track trails and dirt roads in Cave Creek Regional Park, the Maricopa Trail and Spur Cross Ranch Conservation Area. Expect typical desert trail conditions including rocks, sand, cactus and gravel. The 35K and 50K courses feature a an out an back on the Marciopa Trail in between the two parks! Course maps available at AZTRAILRUN.COM

#### **Aid Stations**

Aid stations every 2.3-5.1 miles along the course, including water, electrolyte drink, sweet snacks and salty snacks. *Please plan to run with at least one bottle of water!* 

#### Race Goodies & Awards

All runners will receive a technical fiber race shirt (gender specific), finisher glass, and are invited to socialize after the run over soup, bagels, and loads of fresh fruit. Awards to the top male & female finishers at each distance

**Entry Limit: 250 Runners** 

#### Packet Pickup

Thursday, February 21, 4-7pm @ iRun Phoenix 4730 E. Indian School Rd. #125 Phoenix, AZ 85018



Jamil Coury (602)361-7440 Jamil@aravaiparunning.com

(602) 368-5330

Nick Coury (602)828-6629 Nick@aravaiparunning.com

**AZTRAILRUN.COM** 



#### About Cave Creek Regional Park

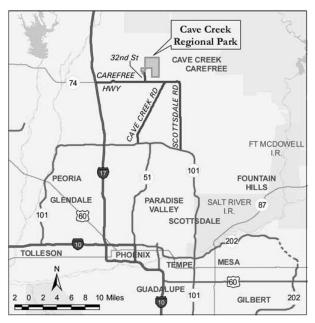
Located north of Phoenix, this 2,922-acre park sits in the upper Sonoran Desert. Ranging in elevation from 2,000 feet to 3,060, this desert oasis provides any hiker and equestrian majestic views. The Go John Trail loops around a mountain to provide the illusion of being miles away from civilization. In the 1870s, fever stricken gold seekers staked their dreams on the jasper-studded hills. Guided trails to these sites give visitors an opportunity to travel back in time.

#### **Directions**

From central Phoenix, take I-17 north to Carefree Hwy (SR 74). Exit Carefree Hwy. and travel east to 32nd St. (7 miles). Turn north on 32nd St. to the Cave Creek Regional Park entrance.

#### Park Address 37019 N. Lava Lane

Cave Creek, AZ 85331



## **2013 Elephant Mountain Entry Form**

					-										•										
First Na	ame																								
Last Na	me																								
Addres	s _																								
City									State							Zip									
Email A	ddres	s																							
Phone	Phone																								
										Age on Race Day							Date of Birth								
Male Female															I	M M D D Y Y Y Y									
		Entry Fees (Please Circle)																							
		Fees	by P	Į	Jnti	l 12	/28	Until 1/25				<b>Until 2/19</b>				Race Day									
		12 Kilometer							\$35				\$40				\$45			\$55					
		35 Kilometer							\$45				\$50				\$55			\$65					
		50 Kilometer							\$60				\$65				\$70			\$80					
Shirts guaranteed on race day if registered by 1/25, otherwise will be mailed out within 1 month a *Race entry fee does not include \$6/vehicle Maricopa County Regional Park entry fee due at gate  Shirt Cut  Male Female  XSm Sm Med Lg XL 2XL  Subtra  From E  Change include your entry fee and recil to:  Aravaipa Running										hirt ract En	race : \$10	day													
Please include your entry fee and mail (checks payable to ARAVAIPA RUNNING												5631 W. Shaw Butte Dr. Glendale, AZ 85304													
This waiver cove good health and wild animal attac injury, illness or race director, vo forgoing release Entry fees are no videos, motion p	there is no reck and generated death, and relunteers, all is binding upon-refundable.	medical re rally dang release cor sponsors, upon me po le and non	ason that gerous convenant no and any ersonally n-transfer	t I shou ndition ot to su individual v, as we rable. l	ald not a as. I am ae, and a duals or all upor I furthe	attempenteri dischar group myh er gran	pt such ing this arge Spo ps asso- neirs, ex at my irr	a feat event ur Cro ciated cecuto revoca	I under I know with foss Ran with the rs, and	estand to w that it full knot ich, Car his even admin rmissio	that run running wledge ve Cree nt, all a sistrator on to A	on trai that I can k Region ctions, s, and a avaipa	trails ls pose could e onal pa claims ill men Runni	es man easily b ark, Ma or der nbers on ng LLo	y hazan be hurt aricopa mands of my fa C, and	rds, not or face County for dam amily, of its auth	limited life thr y, Arav nages ar or anyon orized	to falls eatening aipa Ru rising or ne else agents,	s, bad w g injuri inning l ut of my who ma	veather, es. I ful LLC, U y partic ay mak	rocksli lly assu SA Tra ipation e claim	ides, go me all ck & I in this on my	etting lo risks of Field, the event. behalf		

Signature of Parent/Guardian if under 18

Signature

Date